



Secrets of the Solent

Intertidal surveys health and safety

There will always be a qualified first aider at our intertidal surveys, and emergency equipment such as throw lines will be provided. Please abide by the following:

- Listen to the survey leader and follow any instructions they give you.
- Take everything you might need onto the beach with you (e.g. shoes, hat, raincoat, sun cream, water).
- Take care when entering and exiting the beach.
- Never enter the water as part of the survey.
- Wear shoes at all times – no bare feet.
- Avoiding touching sharp objects.
- Cover any open cuts or other wounds.
- Wash your hands after handling marine objects.
- Let the leader know about any potential hazards you identify.
- Let the leader know about any allergies that might be relevant.
- Let the leader know if you need to leave the group for any reason.
- Let the leader know about any accidents/medical incidents that occur.
- Let your medical professionals know that you have been on a survey if you fall ill afterwards, and let the Trust know if your symptoms are diagnosed as being related to having taken part in the survey.

Please email any queries to secretsofthesolent@hiwwt.org.uk