



**Hampshire & Isle of Wight Wildlife Trust
JOB DESCRIPTION**

1. IDENTIFICATION OF JOB	
JOB TITLE	Woodland Therapy Project Assistant
DEPARTMENT	Education and Engagement
RESPONSIBLE TO	Woodland Therapy Project Officer
RESPONSIBLE FOR	Volunteers
TERMS	Part time: 7 hours per week. Fixed term to 30 th July 2019
LEVEL	B

2. OVERALL PURPOSE OF JOB
To support the delivery of Woodland Therapy, a nature based therapy project that supports adults with long term health conditions and poor mental health on the Isle of Wight.

3. MAIN RESPONSIBILITIES
<ul style="list-style-type: none"> • Assist with the delivery of weekly sessions suitable for people with different needs and abilities • Promote the benefits that nature has on people's health and wellbeing through direct delivery and communication channels including social media. • Assist with the gathering of evaluation data to prove the effectiveness of nature based therapy and meet project funding requirements • Support vulnerable people to take positive actions for their health and wellbeing.

4. JOB SPECIFICATION / SCOPE OF ROLE
<ul style="list-style-type: none"> • This role will involve working with volunteers • The role will involve collecting relevant data and observations for project reporting purposes. • The role holder will work closely with the Isle of Wight Education Officer • The role may involve occasional out of hours working including weekends for which you would receive time off in lieu.

Date: 13 th April 2018

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PERSON SPECIFICATION

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Below is the list of experience, knowledge, skills and personal qualities desirable for the above role.

Area A EXPERIENCE
<ul style="list-style-type: none"> • Experience of delivering nature based activities for improving health and wellbeing • Experience of working with people experiencing mental ill health, and those with complex needs and long term health issues • Experience of delivering practical outdoor activities including fire lighting and cooking, use of hand tools, and construction of outdoor shelters • Experience of observation and data collection for evaluation and monitoring purposes.
Area B KNOWLEDGE
<ul style="list-style-type: none"> • Understanding of principles of delivery and benefits of nature and wellbeing programmes, including five ways to wellbeing • Knowledge of native wildlife and conservation principles • Good understanding of health and safety in the workplace, and safeguarding and child protection procedures • Knowledge of health and safety requirements for delivering nature therapy activities and practical outdoor activities
Area C SKILLS
<ul style="list-style-type: none"> • Excellent communication skills • IT literate- particularly MS Word, Excel, Outlook etc. • Full UK driving license and access to a suitable vehicle • A current enhanced DBS check • A current First Aid certificate • Forest School qualification (desirable)
Area D PERSONAL QUALITIES
<ul style="list-style-type: none"> • Well organised and practical • Ability to work alone, and as part of a team • Approachable and friendly manner- a real 'people person' • Affinity with the Trust's vision, values and organisational culture • Ability to represent the Trust to external organisations and partners